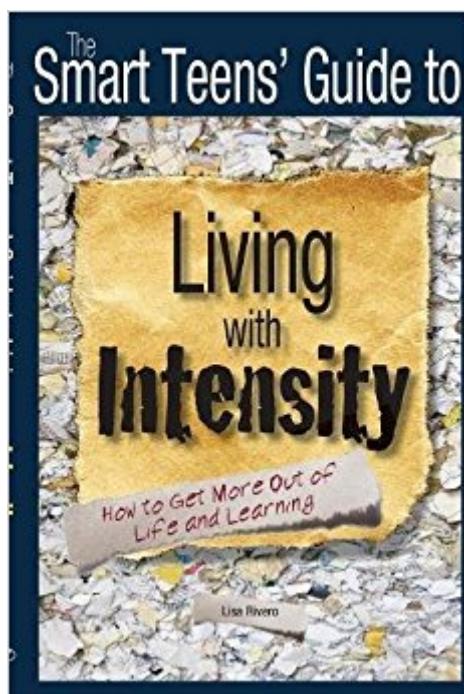


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# Smart Teens' Guide To Living With Intensity: How To Get More Out Of Life And Learning



## **Synopsis**

This book is written for pre-teens and teens who love to learn, although they might not love school. Read about how to understand your intensity, manage perfectionism and self-talk, understand your parents better, and take charge of your education, whether you go to public school, private school, or homeschool. Discover yourself as an intense and excitable learner, a creative learner, and a self-directed learner. When you open up the possibilities of how you can learn both in and outside of school, you can live life more fully, intensely, and creatively. This is an excellent companion book to A Parent's Guide to Gifted Teens, written by the same author but for parents of gifted adolescents.

## **Book Information**

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## **Customer Reviews**

"It's very important for you to live your life intensely, fully, and creatively. This excellent book will help you understand better how to do that." Alisa Valdes, New York Times bestselling author of six novels for teens "Practical, insightful, and heartfelt advice on developing self-understanding, practicing joyful learning, and taking ownership of one's education. The book I wish I'd had as a teen!" Tamara Fisher, M.A., co-author of Intelligent Life in the Classroom: Smart Kids and Their Teachers, and gifted education blogger for Teacher Magazine ("Unwrapping the Gifted")

Lisa Rivero earned her M.A. in literary studies from the University of Wisconsin-Milwaukee. She lives in Milwaukee where she is a freelance writer, home education parent, college instructor, and life-long learner.

This is a very well written book. Just the good stuff without making it a painfully long read, therefore good for teens. I found so much needed info in Lisa Rivero's book From School to Homeschool and knew this would be a must in my kids library. A friend also bought it after peeking at my copy. If nothing else, check it out at the library first. Very helpful!

I teach junior high on level, AP and GT, this book really speaks to some of my students. I read the book during a 45 minute staff development and had such a better understanding of my students.

I teach gifted adolescents and this review is, really, from THEM. They LOVE this book. It truly validates who they are (not just IQs and IEPs) and how they feel. Dabrowski-based, each "Intensity" is defined and exemplified through scenarios depicting how it teens perceive and interact with the world around them. Great for parents, as well!

This book has been helpful for my quirky preteen navigate social situations and understand why she's different. Would work well for kids in conventional school settings or homeschooled.

Teens who consistently think "outside the box" will find help in making education stimulating and interesting. There is also guidelines for a gifted teen to understand why he/she often feels different than other teens they know.

As we prepare our tween into his 'partial transition' into teenage-hood, he said it does help in some ways. We hope more kids will pick this book and find out the different responses.

My wife bought it. She read it and Like it a lot. She will recommend it to all her friends.

When we adults were sensitive teens, we were lucky if we found a relative, teacher, or counselor who understood us and could guide us safely through the difficult teen years. Many of us weren't lucky, and we went through years of confusion, despair, and anxiety over the fact that we seemed to be different from other kids. Rivero's book makes sure that any teen who needs the advice and support of a caring, understanding adult can find it. By putting into print what all gifted teens come to realize - that their life experiences are qualitatively different from the norm - Rivero allows intense teens to start to understand and accept their differences. The book offers caring support, advice, and ideas for gifted teens. It addresses the great variety of questions that teens will have, from school to

sexuality to dealing with parents, with clear advice and helpful ideas. I recommended this book highly in my book for gifted homeschoolers, "From School to Homeschool: Should You Homeschool Your Gifted Child?", and I recommend it to anyone who has an intense, sensitive teen in their lives.

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